

**VIII. REGIONAL TRACK MEET ORDER OF EVENTS AND APPROXIMATE STARTING TIMES**

4A-3A-2A-A April 27, 2013  
 6A-5A May 4, 2013

Saturday  
8:30 Coaches Meeting  
9:30 Starting time

**FIELD EVENTS**

9:30	(2A-A)	(4A-3A)	(6A-5A)	Boys High Jump
9:30	(2A-A)	(4A-3A)	(6A-5A)	Girls Long Jump
9:30	(A-2A)	(3A-4A)	(5A-6A)	Girls Shot Put
9:30	(2A-A)	(4A-3A)	(6A-5A)	Boys Discus
9:30	(2A-A)	(4A-3A)	(6A-5A)	Girls Pole Vault
11:00	(A-2A)	(3A-4A)	(5A-6A)	Girls High Jump
11:00	(2A-A)	(4A-3A)	(6A-5A)	Boys Long Jump
11:00	(A-2A)	(4A-3A)	(6A-5A)	Boys Shot Put
11:00	(2A-A)	(4A-3A)	(6A-5A)	Girls Discus
11:00	(A-2A)	(3A-4A)	(5A-6A)	Boys Pole Vault

**\*APPROXIMATE  
 STARTING TIMES**

**PRELIMINARIES**

9:45	400 Relay - Girls, Boys
10:05	3200 Relay - Girls, Boys (Final)
11:00	100 H. Hurdles - 33" Girls
11:15	110 H. Hurdles - 39" Boys
11:30	100 Dash - Girls, Boys
11:50	3200 Meter Run - Boys (Final)
12:25	800 Relay - Girls, Boys (Final)
1:05	3200 Meter Run - Girls (Final)
1:40	200 Meter Dash - Girls, Boys

<45 minute break>

2:30	400 Meter Relay - Girls, Boys
2:45	800 Meter Run - Girls, Boys
3:10	100 Meter High Hurdles - Girls
3:20	110 Meter High Hurdles - Boys
3:30	100 Meter Dash - Girls, Boys
3:40	400 Meter Dash - Girls, Boys
4:15	300 Meter Low Hurdles - Girls
4:35	300 Meter Int. Hurdles - Boys
4:55	200 Meter Dash - Girls, Boys
5:05	1600 Meter Run - Girls, Boys
5:55	1600 Meter Relay - Girls, Boys

\*NOTE: The games committee may make adjustments in the time schedule if circumstances are justified.

**IX. STATE TRACK MEET ORDER OF EVENTS AND APPROXIMATE STARTING TIMES**

Coaches Meeting

Friday 9:00 a.m.

FIELD EVENTS: FRIDAY

10:00	(A-3A-5A)	Girls, Boys High Jump
10:00	(2A-4A-6A)	Boys, Girls Long Jump
10:00	(A-3A-5A)	Girls, Boys Shot Put
10:00	(2A-4A-6A)	Boys, Girls Discus
10:00	(A-3A-5A)	Girls, Boys Pole Vault

FIELD EVENTS: SATURDAY

10:00	(2A-4A-6A)	Boys, Girls High Jump
10:00	(A-3A-5A)	Girls, Boys Long Jump
10:00	(2A-4A-6A)	Boys, Girls Shot Put
10:00	(A-3A-5A)	Girls, Boys Discus
10:00	(2A-4A-6A)	Boys, Girls Pole Vault

PRELIMINARIES: FRIDAY

Approximate Starting  
Times

1:00	400 Meter Relay - Girls, Boys
1:40	3200 Meter Relay - Girls, Boys (Final)
2:35	100 Meter High Hurdles 33" - Girls
2:45	110 Meter High Hurdles 39" - Boys
2:55	100 Meter Dash - Girls, Boys
3:15	400 Meter Dash - Girls, Boys
3:55	3200 Meter Run - Boys (Final)
4:20	800 Meter Relay - Girls, Boys
5:20	300 Meter Int. Hurdles 36" - Girls
5:35	300 Meter Low Hurdles 30" - Boys
5:45	200 Meter Dash - Girls, Boys
6:05	3200 Meter Run - Girls (Final)
6:40	1600 Meter Relay - Girls, Boys

FINALS: SATURDAY

Approximate Starting  
Times

1:00	400 Meter Relay - Girls, Boys
1:20	800 Meter Run - Girls, Boys
1:40	100 Meter High Hurdles - Girls
1:50	110 Meter High Hurdles - Boys
2:00	800 Meter Relay - Girls, Boys
2:30	Academic State Champion
2:50	100 Meter Dash - Girls, Boys
3:00	400 Meter Dash - Girls, Boys
3:20	300 Meter Low Hurdles - Girls
3:30	300 Meter Int. Hurdles - Boys
3:45	200 Meter Dash - Girls, Boys
4:00	1600 Meter Run - Girls, Boys
4:35	1600 Meter Relay - Girls, Boys
5:05	Team Awards Presentation